



June 2019



Colon Cancer Kits

FREE colon cancer screening kits available to men and women aged 50-74 in Burt, Cuming, Madison & Stanton counties. There are MANY pick up sites in our 4 county area to get a FREE kit (Norfolk, Stanton, Battle Creek, Tilden, West Point, Wisner, Tekamah) OR complete the online enrollment form (<http://www.surveymonkey.com/r/QBDGXQZ>) and we will send one to you!



REMEMBER THOSE REQUIRED BACK TO SCHOOL IMMUNIZATIONS.

Specific immunizations are required before Kindergarten and 7th Grade. At ELVPHD, we carry all childhood and adult immunizations. Don't wait until the last minute, call to schedule your back-to-school vaccines. We will get you taken care of so you can go back to school on time. Immunizations are available at our Norfolk (302 W Phillip Ave) and Wisner (2104 21st St Circle) offices.

Pool Cool



Health Communities Initiative

(HCI) will be at a pool near you this summer! HCI is a youth substance abuse prevention coalition who works to prevent drug and alcohol use among youth in our service area. The Pool Cool events have been a great way for HCI to talk to kids about the dangers of drugs and alcohol. Come see us at the following scheduled events:

- July 3** - Stanton Pool (1pm - 3pm)
- July 17** - Pilger Pool (1pm - 3pm)
- July 27** - Tilden Pool (1pm - 3pm)
- July 31** - Norfolk Pool (1pm - 3pm)

Upcoming Events

Beginning June 17: Tai Chi Class Series at the Norfolk Senior Center every Monday and Wednesday for 12 weeks from 3:30 pm to 4:30 pm. call 402-529-2233 to register or 402-371-8299 (Norfolk Senior Center).

June 17: Responsible Beverage Server Training (Off Sale), at the Norfolk Public Library 1 pm - 3:30 pm call 402-529-2233 to pre-register. Pre-registration is required.

June 24: Responsible Beverage Server Training (On Sale) at the Norfolk Public Library 1 pm - 4:30 pm call 402-529-2233 to pre-register. Pre-registration is required.

June 28: Project Homeless Event, 12 pm - 5pm at Norfolk Senior High School

July 17: **Free** Community Health Worker Networking Event, Norfolk Public Library 11:00 am - 1:30 pm, Refreshments included. Register at: <https://ne-chwnetworking2.eventbrite.com>

July 23: Madison County DART (Drug and Alcohol Resistance Team), 9 am - 10 am at ELVPHD Norfolk Office.

July 27: Fit 'N Fun Family Festival, 9 am - 1 pm at the Northeast Community College Ag Complex.

August 6: National Night Out, 5 pm - 7 pm Norfolk Central Park.



DEAD BIRDS WANTED...

Please call us to report any dead Blue Jays, American Crows, Black-billed Magpies (pictured above) and Ravens (look similar to Crows) for West Nile Virus testing. Birds must be recently dead (no longer than 24 hours), and in good condition. These birds can carry West Nile Virus, which can be shared with humans through mosquitos.

About 1 in 3 adults in the US WILL GET SHINGLES



ASK YOUR HEALTHCARE PROFESSIONAL ABOUT SHINGLES VACCINATION

If you're one of the approximately 99% of adults over the age of 50 who have had chickenpox, the virus that causes **shingles** is already inside your body. We carry Shingrix vaccine - please call us to schedule your appointment today!

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