FOR IMMEDIATE RELEASE: March 24, 2020

FOR MORE INFORMATION: Gina Uhing, Health Director, 402-529-2233

More Details on COVID-19 First Positive Case

On Monday, March 23rd, Elkhorn Logan Valley Public Health Department was made aware of a positive COVID-19 case in our district.

ELVPHD immediately initiated the contact investigation. The case is a Norfolk woman, in her 30s, with underlying medical conditions. She does not work outside of the home and has not left her home since Monday, March 16th. Her symptoms began on March 18th. Due to this very limited exposure, there were no immediate contacts identified outside of the household. The woman is self-isolating at home, and her family members are quarantined at this time according to our recommendations.

ELVPHD wants to remind residents of the steps they can take to reduce the spread of COVID-19 and other respiratory illnesses.

- Avoid close contact with people who are sick.
- Put distance between yourself and other – around 6 feet.
- Wash hands often with soap and water for at least 20 seconds.
- Avoid touching your mouth, nose, or eyes.
- Cover your nose and mouth with a tissue when you cough or sneeze then throw the tissue in the trash.
- Clean and disinfect frequently touched surfaces.

More information will be released to the public as it becomes available.

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