

# Suicide Facts & Figures:

## Nebraska 2018\*



**On average, one person dies by suicide every 36 hours in the state.**

**Four times as many people die by suicide in Nebraska annually than by homicide.**

The total deaths to suicide reflect a total of 5,943 years of potential life lost (YPLL) before age 65.



Suicide cost Nebraska a total of **\$223,376,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,157,386 per suicide death.**

\*Based on most recent 2016 data from CDC. Learn more at [afsp.org/statistics](http://afsp.org/statistics).



## 10th leading cause of death in Nebraska

### 2nd leading

cause of death for ages 15-34

### 4th leading

cause of death for ages 35-54

### 8th leading

cause of death for ages 55-64

### 20th leading

cause of death for ages 65 & older

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Nebraska	246	13.05	37
Nationally	44,965	13.42	

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## Suicide Prevention Programs and Initiatives

- The Nebraska State Suicide Prevention Coalition (NSSPC, <http://www.suicideprevention.nebraska.edu/>) is a voluntary group made up of public and private agencies, survivors of suicide loss, and other interested stakeholders.
- The NSSPC provides suicide prevention information, resources, and materials to faith-based groups, service clubs, non-profit groups, and corporations; provides means restriction material to emergency rooms for distribution to networks of support for people with self-inflicted injuries; promotes and publicizes suicide prevention efforts of other groups; and promotes suicide prevention training, in addition to other initiatives.
- Nebraska's most recent state suicide prevention plan covers 2016-2020 and can be accessed at <http://www.sprc.org/sites/default/files/NEbraska%20STATE%20SUIC%20PREV%20PLAN%202016-2020.pdf>.
- Nebraska law (§79-2,146) requires that, beginning in the 2015-16 school year, all public school nurses, teachers, counselors, school psychologists, administrators, school social workers and other appropriate personnel receive at least one hour of suicide awareness and prevention training each year (LB 923, adopted 4/22/14).

## Get Involved

The **AFSP Nebraska Chapter** brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

**AFSP Nebraska**  
[nebraska@afsp.org](mailto:nebraska@afsp.org)

### Become an Advocate

AFSP's Nebraska advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

**Visit [afsp.org/advocate](http://afsp.org/advocate) to sign up!**